



THE 13th Annual Central Branch YMCA MAIN STREET MILE

"It's downhill all the way!"

Date & Time: Wednesday, December 31, 2008 at 4:10 p.m. Race day registration: 2:00-3:45 p.m.
Location: Central Community Branch YMCA, 766 Main Street, Worcester, MA 01610

Course: Wheel-measured course, beginning at the Central Community Branch YMCA, down Main Street, and ending just beyond the Crowne Plaza Hotel.

Timing/Scoring: Central Mass Striders

Awards: Cash prize (\$15.00) to the top male and female finishers in each age category: 15-19; 20-29; 30-39; 40-49; 50-59; 60+. *Random prizes awarded to costumed runners, teams, families running together, and Y members!*

Amenities: Parking and showers (open until 6:00 p.m.)
Post race refreshments, Awards Ceremony, and raffles at the YMCA.
All runners receive a two-week trial membership to the YMCA.

Distinctive long-sleeved T-shirts to runners registered by December 20, 2008

Entry Fee: \$5.00 for children up to 12; \$15.00 for 13 and older.

Checks payable to: **Central Branch Main Street Mile**

Mail to: **Attention: Karen Gagliastre
766 Main Street, Worcester, MA 01610**

For More Info: Contact Karen 508-755-6101 x287 kgagliastre@ymcaofcm.org

www.ymcaofcm.org

The Central Community Branch YMCA Main Street Mile Registration Form

Please enter me in the 13th Annual Central Community Branch YMCA Main Street Mile. I agree to assume all responsibility for all risk of damage or injury to me as a participant in this event. In consideration of being accepted as an entrant in the Central Community Branch YMCA Main Street Mile, I hereby for myself, my heirs, executors and administrators, release and discharge any and all individuals and organizations associated with the race from all claims, damages, rights of action, present or future, whether the same be known, anticipated or unanticipated, resulting from or arising out of, or incident to, my participation in this event. I hereby certify that I will not participate in the Central Branch YMCA Main Street Mile unless I am physically fit and sufficiently trained for competition in the race. I understand that bicycles, skateboards, baby joggers or strollers, roller skates or blades, animals and radio headsets are not allowed in the race, and I will abide by these guidelines.

Name (please print) _____

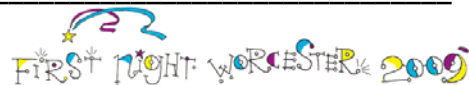
Male ___ **Female** ___ **Age** ___ **T-shirt Size** (S, M, L, XL, XXL) ___ **YMCA Member?** Y ___ N ___

Street _____ **Running Club** _____

City, State, Zip _____

Signature _____ (parent, if under 18)

Email address _____



[One First Night button accompanies each registration and is good for a single admission to all festivities. Additional buttons need to be purchased for any family members over the age of 10.](#)